

Seeing is Believing

It's true--a picture is worth a thousand words. These *Before* and *After* photos of a couple's living room and bedroom (seen above and below) tell a powerful story of transformation.



Their Living Room: The two opposing sofas in the *Before* living room create a "bowling alley" effect. Chi (vital energy) rushes through the room and easily escapes out the window before it can benefit the couple and their guests. In this arrangement, people are forced to "face off" against each other, which does not invite intimate conversation. The ottoman is placed beside the right-hand sofa along the wall. In the *After* photo, the sofas and a chair brought from the bedroom are arranged in a circular pattern that welcomes conversation and holds the beneficial chi in the room. Notice how the new area rug guides you into the space and how the ottoman now anchors it in the center.



Their Bedroom: The *Before* bedroom lacks warmth and coziness. The bed looks directly on to a glass balcony door in what is called the "coffin position." Chi entering through the door can disrupt sleep and cause adverse physical effects. When one side of the bed is against a wall, it hems one person in, which symbolizes lack of equality in a relationship. The room's monochromatic color scheme could benefit from more color and some intimate touches. The large vertically oriented painting dominates the room and is too large to hang over the bed.

In the transformed *After* bedroom, the bed is now centered on the wall and does not face out the door. The couple has plenty of room for a night stand and lamp on each side of the bed. The room has a softer and warmer look with the addition of colorful curtains and bed linens. The pink duvet cover provides a sensual touch. The too-large painting has been moved to the living room. In its place hangs a painting of a solid, earthy scene. In lieu of a headboard, the size of the painting and its subject matter offer stability and support.

And how does the couple feel in their transformed home? "Our living room is a lot more inviting and balanced. The new arrangement gives it a warm, cozy feeling and works well when we have guests. We now spend much more time in our living room than we did before. We absolutely love the way the bedroom looks! It feels more complete, balanced, and colorful."

Don't let distance prevent you from enjoying the benefits of a Feng Shui consultation with me. These Before and After photos are the result of a 2 ½ hour telephone consultation with my clients. I was in New York; they were in Florida. As the photos prove, phone consultations can be just as powerful as on-site visits. All I need is a floorplan, a complete set of photos, and your uninterrupted time on the phone. For more information, e-mail me at mcook@innervisionfengshui.com.